

Retreat Sorelle LLC Wellness Day of Retreat

November 1, 2014 9:30-5:00pm

“Awaken Your Heart and Inspire Your Spirit”

Cedar Spring Herb Farm, Harwich, MA

Name: _____

Address: _____

E Mail: _____

Confirmation, Directions and Details will be sent by email prior to event

Home phone: _____

Cell phone: _____

Allergies/Other Considerations:

Cost for Day of Wellness \$130

Special: \$110 if registration received by Sept 30th.

Please make checks payable to Retreat Sorelle LLC

Mail to: Martine Amundson at 18 Muskrat Lane, Brewster MA 02631

For more information please contact:

Martine Amundson at martine@healthyforlife.com,

Richelle Flavin at caesar9471@aol.com

Georgeane Coleman at georgeane@inthemomentyoga.com.